

FOIL

INJECTION ALTERNATIVES

FOIL

Fentanyl / heroin

What supplies do I need for safer fentanyl/heroin smoking?

- Aluminum foil cut into a small rectangle
- A straw: either glass or rolled-up foil
- A lighter
- Optional: Brillo to catch the residue
- Optional: a spark plug cover to use as a mouthpiece if you're sharing your straw

Okay, but how does it work?

- Take your rectangle of aluminum foil and smooth it out as much as possible with your lighter
- Use the duller side of the foil—some brands of foil have a plastic coating on the shinier side, plus it's more reflective and may heat too quickly, burning away some of your drugs. You can also pre-burn your foil a little bit to reduce fumes
- Place your drug on the foil and heat beneath it, keeping the lighter a few inches below the foil. Heat until you see some vapor rising from the foil
- Once the substance has liquified, keep it moving by tilting your foil.
- If you're using a glass pipe, you can take a small piece of rolled up Brillo pad or chore boy to catch the residue in your pipe and smoke later (sort of like a cotton/rinse shot).
- Pick up your straw or roll of foil and follow or "chase" the smoke, inhaling as you do

- Take it slow, especially if it's your first time smoking, or you haven't smoked in a while. Remember that it's still possible to overdose when smoking, so give yourself a few minutes to see how you feel after that first inhale

